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Out-of-body experience is no illusion **Out-of-body experiences**

**with Olaf Blanke** *Astral Stories with Lucianne Walkowicz* /  
*TEDxClevelandStateUniversity Salon Eckankar - Insights into Soul  
Travel and Astral Projection* ~~ASTRAL TRAVEL Guided  
Meditation | Gateway to the Astral World | Astral Projection  
Hypnosis Astral Projection Hypnosis for Learning Your Soul Name  
(Guided OBE Sleep Consciousness Spirit Guide) Astral Projection  
Guided Meditation | OBE Technique | Astral Travel Hypnosis How  
to Soul Travel—Beyond Astral Projection and Out-of-Body  
Experiences~~ **THE ASTRAL PLANE** by C.W. Leadbeater -  
**FULL AudioBook ?? | Greatest?AudioBooks Banned TEDTalk  
about Psychic Abilities | Russell Targ | suespeaks.org Sa**  
~~Governale's Cure for Sleep Paralysis: Having His Soul Leave His  
Body Guided Meditation for Astral Projection, Astral Travel, Out of~~

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Body Experiences (Hypnosis)

Psychic Soul Travel ~~Ask A Monk: Astral Projection~~ AWT:  
Discerning Astral Projection (Soul Travel)? ~~THE TRAVELER--~~

~~ASTRAL PROJECTION~~ guided by Lilian Eden *GATEWAY TO  
THE ASTRAL WORLD- Astral Travel Guided By Lilian Eden*

ASTRAL PROJECTION MUSIC: lucid dreaming binaural beats |

Deep Sleep Meditation Music (VERSION #2) The Traveler -  
*ASTRAL PROJECTION Guided By Lilian Eden Akashic Records*  
*Guided Meditation | How to Access the Book of Life | Past Life*

## **Astral Projection Psychic Soul Travel**

Astral projection is a term used in esotericism to describe an intentional out-of-body experience (OBE) that assumes the existence of a soul or consciousness called an "astral body" that is separate from the physical body and capable of travelling outside it

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throughout the universe. The idea of astral travel is ancient and occurs in multiple cultures. The modern terminology of "astral projection" was coined and promoted by 19th-century Theosophists. It is sometimes reported in association with d

## **Astral projection - Wikipedia**

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## **Astral Projection & Psychic Soul Travel: Sleep Learning ...**

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## **Astral Projection & Psychic Soul Travel: Sleep Learning ...**

This Astral Projection, Psychic Soul Travel Guided Meditation program was designed to assist the listener in achieving super-conscious lucid dream states and to assist in astral and soul travel. Some say that we are the sum total of what we surround ourselves with.

## **Astral Projection & Psychic Soul Travel Audiobook ...**

During astral projection your soul or higher consciousness leaves your physical body and is free to journey anywhere on the astral plane to the past, present or even the future. It's like an Out Of Body Experience, but these tend to take people by surprise.

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## **Develop your psychic skills - Astral Projection | Michele ...**

There are different beliefs and concepts accepted in the Spiritual Biz regarding astral travel. When it is called astral projection, it is considered an out-of-body experience where a person's soul or consciousness, the "astral body," separates from the physical body and travels around the universe or in the astral plane.

## **Understanding Astral Travel and Astral Projection | Keen ...**

Astral travel is the the soul moving from the physical human body and into the physical world. Science on the other hand believe it is not in fact the soul leaving the body but a very vivid dreamlike state. Drugs like Ketamine and other hallucinogenics can sometimes induce an out of body like experience.

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## **How to Astral Project - Astral Projection Step by Step ...**

Astral projection (or astral travel) is a spiritual interpretation of the out of body experience. Astral Projection is a very common occurrence. Five to ten percent of the world's population has...

## **Understanding the Astral Plane and Astral Travel | by ...**

Astral Projection Guide – How To Perform Astral Travel Safely. In plain terms, astral projection is an out of body experience. It is one of the most powerful forms of these experiences. During astral projection, the soul is separated from the physical body. The astral is the subtle body that hovers over and observes the environment.

## **Astral Projection Guide – How To Perform Astral Travel Safely**



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Soul Travel is a shift in awareness, a change in consciousness, moving closer to God. Although in truth, Soul doesn't actually "go" anywhere, Soul Travel describes the experience of accepting greater states of being. Broadening your viewpoint from even higher vantage points brings upliftment, problem-solving skills, and endless opportunity for spiritual adventure.

## **Soul Travel | Out-of-Body Experiences & Expansion of ...**

When you learn how to astral project, you can let your soul travel to unknown places and explore many things you would not have experienced with your physical body. However, similar to waking up after a dream, you may not remember what happened during your astral travel. Take some notes after your trip to get a better idea of your experience.

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## **How to Astral Project | Astrology Psychic Reading**

Astral projection occurs when the astral body is projected into the astral dimension, where things are different than in the real world. Time is extended and distorted, that is. one hour on the astral can be like a few minutes in the physical world, depending on the part of the astral you are in. Reality is fluid and changeable.

## **This Is Why You Face Obstacles In Learning Astral Projection**

What is Astral Projection? Astral projection is an intentional out-of-body experience by which you separate from the physical body to travel outside it to enhance your psychic and spiritual awareness. To achieve astral projection, you recognize that you have an etheric double which is anchored to your physical being.

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## **Astral Projection | Psychic Reading | Ask Astrology**

Astral projection, also known by the term "astral travel" is a term that can be used to describe a facet of telepathy and divination that temporarily separates a person's consciousness and awareness from her physical body. While the body remains in a fixed point on the "material plane," the astral projectionist's mind is free to travel the universe.

## **Is Astral Projection Real? - Best Psychic Reading Reviews**

Astral travel is possible after you have achieved the ability to astral project, which is an intentional out-of-body experience by which you separate from the physical body to move around outside it to enhance your psychic and spiritual awareness. To achieve astral

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projection, you recognize that you have an etheric double which is anchored to your physical being.

## **Astral travel | Psychic Reading | Ask Astrology**

Dangers of Astral Travel: Like anything in life, there are real concerns related to astral projection, and there are also myths. Some myths include that you can get 'stuck' in the astral plane and be unable to return. As aforementioned, you remain linked to your physical body at all times.

## **Why You Should Care About Astral Travel (Astral Projection)**

Every human being will travel to the astral plane once his or her lifetime in the physical world is over. That is where the soul, or the consciousness, will wait until the person is reborn in a new lifetime.

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But that does not mean that it is impossible to travel to the astral plane before the end of your lifetime.

## **Astral Plane | Astrology Psychic Reading**

Astral projection or out of body experiences allow our souls to travel to different planes or even different times and realities. This fact is truly liberating. It means we are not just humans but souls and spirits that are truly free. There are many ways to do astral projection.

## **El Tiempo de Viaje a Través de la Proyección Astral | Lucy ...**

Astral Projection: Your Guide To Enlightenment Astral projection is the out-of-body experience wherein people can assume an astral form that physically separates them from their bodies. With astral

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travel, people can travel outside their bodies and encounter divine beings that can help them with their enlightenment.

Science is confirming what ancient wisdom has always asserted—that reality is far more complex than we have imagined, and that our individual potential is far greater than we have believed. In this time of expanding consciousness, the new frontier—the gateway to spiritual growth and self-empowerment—is through the astral realm. Astral Projection for Psychic Empowerment introduces you to the real-world benefits that come from exploring the astral plane. Learn controlled, self-induced astral projection and reach beyond physical limitations to new sources of

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knowledge. Live and love more fully than you have ever thought possible by tapping your immense unconscious powers and integrating them into your conscious experience. Delve into the pages of this fascinating book and learn to: Induce an out-of-body experience Safely visit astral realms Explore past lives Communicate with guides and entities Interpret the aura for health and healing Create powerful thought forms Practice astral sex Expand your psychic awareness Achieve your goals Understand psychokinesis and the power of your mind This comprehensive guide includes true case studies of astral projection, scientific test results from laboratory studies, and a seven-day developmental program designed to unleash your highest potential.

If you want to have an amazing astral projection experience, then

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keep reading... Do you want to explore the universe and unravel the answers to mysteries in the non-physical dimensions? Are you ready to embark on a wholesome Out-of-Body Experience (OBE) to attain a higher level of enlightenment, awareness, and spirituality? Do you want to unlock your inherent psychic abilities and discover more ways to improve yourself and get in tune with your higher self? If you answered "yes," then this book is for you. An out-of-body experience may sound easy, but it requires a perfect symphony of mind, body, and soul. Astral Projection: A Guide on How to Travel the Astral Plane and Have an Out-Of-Body Experience offers you the opportunity to learn how to explore the dimensions beyond the physical world and gain deeper insight and awareness about your existence and spirituality. This remarkable guide to intentional out-of-body experiences covers a lot of ground



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on OBEs, astral projection, and exploration of the astral realm. From A to Z, it tells you everything you need to know. It provides examples of astral projection experiences, focusing particularly on how to achieve practical success, and showing you how to project out of your physical form to explore the universe at will. In this book, you will also learn: How to prepare your body and mind for an exploration of non-physical dimensions. How to master the art of astral projection. How to travel the astral plane and meet higher beings and entities. How to improve your self-awareness and attain higher levels of enlightenment and spirituality. 5 Astral Projection Techniques used by experts. 8 Things You Should Know Before Attempting an OBE. Advanced OBE techniques. How to discover and utilize your spirit guides. How to navigate the astral dimension without falling victim to negative entities. 5 secrets tips that can

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help you increase your vibration. How to heal your energy field and keep your vibrations at an all-time high. How to increase your clairvoyant abilities via astral projection. From powerful techniques to secret tips that you never knew, you are in for a stunning discovery about OBEs. With this practical guide, you can have your one-stop shop for everything related to astral projections and out-of-body experiences. Get this book now to get started on an amazing journey!

Take your astral body on an exciting ride Projecting out-of-body requires a delicate balance of mind

What is Soul Travel? It has been likened to a near-death experience, one from which the traveler emerges transformed and newly

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powerful. Although often confused with astral projection, soul travel is an out-of-the-body experience that occurs every night when the body sleeps. Soul Travel teaches how to consciously channel the soul's energy and direct it to travel where the individual wills it to go. Readers will learn how to visualize and meditate to reach their goals and realize their dreams. Many successful soul travelers report their lives to have been miraculously changed for the better. Sure to have lasting appeal to New Age readers, Wiccans, Astarians, adherents of Eckankar, spiritualists, and other seekers.

Witchcraft.

Astral projection, sometimes called astral travel, is an intentional out of body experience (OBE.) Those who engage in astral

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projection believe in the existence of a soul or a sense of consciousness that is separate from the physical body, which is referred to as the astral body. This astral body is capable of traveling outside of, or away from, the physical body, which is how astral projection or astral travel is achieved. Once you know how to safely astral project, the experiences you are capable of having are phenomenal. Astral projection and travel can be used for everything from visiting other realms or visiting different areas of earth without physically going there, to performing energy work on yourself in a deeply spiritual way. Why Learn About Astral Travel? Experience lucid dreams Increase Concentration Aid in relaxation Increase positive thinking Leave you more open to possibilities Increased confidence Decrease the effect of fear Inside this book, you'll discover: The benefits of astral projection Its risks Proven

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techniques Visualization Tips for developing the right state of mind  
And so much more! Discover what you can accomplish with an out-of-body experience and explore the physics of the nonphysical world. Learn how to navigate the delicate balance of the mind, body, and spirit that's required to project. Now is your opportunity to have your questions answered and achieve a conscious out-of-body experience for yourself.

The author describes out-of-body experiences which have enabled him to travel beyond the physical plane to communicate with spirits and gain psychic insights, and shows readers how to have such experiences

Have the Feeling There Is More to Life than What We Can See? Do

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you have the feeling there is more to life than what we can see? That you are capable of so much more... but you don't know what? Is every day blurring together... the same thing over and over? Well, there is another way. There is a secret locked inside of you that nobody is talking about. A secret so important that the "powers that be" have quietly swept it under the rug for millennia. It's the key to unlocking your potential and showing you the truth behind your being. Isn't it time you changed the rules? Learn to Astral Travel, Hack Enlightenment, Do The Impossible Inside this true story you will find... Real life Astral Travel memoirs strewn over two decades; so you know what to expect, how to handle it, and how the intricate web of the spiritual weaves quietly through our lives. Honest and upfront. How to break free from life's rules and do the impossible using the secret art of Astral Projection (Step by step

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method and real lifehacks included) A snap shot guide to the afterlife; energy backpacking for the newmillennium. Slingshot yourself to heaven and beyond. Do what sciencesays you can't. No B.S included. The inside story on the insidious hidden forces manipulating yourevery move. How to have a mini-enlightenment and hack higher consciousness.Who has 9 years to sit under a tree these days? How to pick the lock on life's biggest questions. Get the keys tothe universe and find the truths nobody seems to have answersfor. This book is made for you if... You want an honest and insiders view of what its like to go fromspiritual blindness to travelling into the spiritual dimensioneveryday. You are interested in learning more about what you'll experiencein the afterlife and beyond. You want a clearer understanding on how the spirit world interactswith the physical world, and how it guides us. More clarity

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on what its like to work with your higher self directly. What experiences you may encounter and how this affects your life. You want a simple and actionable method to learn Astral Travelwhich has worked for this non guru. You want to know how real lessons learnt from spiritual masters onthe other side can be used to make your experience better, in love,life, and beyond. Life's short. Learn to do the impossible.

"We are all energy; energy creates consciousness. Right now, you are conscious energy manifested in physical form. The physical body is able to learn to release that energy to venture into other realms. This book will guide you through seven of the astral realms"--



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Free yourself from the limitations of the earth plane and the laws of space and time. Astral Voyages presents more than 65 exercises that train you to safely leave your physical body and return unharmed from explorations of the upper astral plane and the causal, mental, or etheric realms. You might even venture to the soul plane and observe the process of selecting your next lifetime! Dr. Goldberg unveils his paradigm of the 13 dimensions, developed from 25 years of experience with hypnotic regression, progression, and out-of-body experiences. Specific scripts train you for guided imagery astral voyage, lucid dreams, accessing the Akashic records, cabalistic projection, and advanced techniques such as the Witch's Cradle and the 37-Degree Technique used by the ancient Egyptians. Other topics in this metaphysical book include astral entities, astral sex, astral healing, and scientific studies on astral voyaging.

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